

BOX + *FLOW*

December 11, 2016

.Mic

'A Seat at the Table' vinyl plus more great holiday gifts for the music lover in your life

For music lovers, 2016 was a fantastic year.

Every quarter there was an album release from talented acts such as James Blake, Chance the Rapper, Beyoncé, Drake, Metallica, Frank Ocean and more. Along with the music came inspirational visuals and written content to tell the larger story of their project.

Now that the year is over and you're shopping for your musically inclined friend, fret not: There are a lot of gift options that will excite them as much as all the new music did. Some gifts for the music lover are more conventional, like waterproof wireless speakers, while others are unconventional, like a workout class with amazing playlists.

Since we know you enjoyed our gift guide for the feminist in your life, check out what we have for the music lover below.

Editor's note: Prices and product availability are subject to change throughout the holidays.

Box and Flow five-class pack, \$160



Boxing combined with power yoga? It may seem unconventional, but the popular New York City class is a fun workout for those in the city, or even for someone just visiting who wants to get a session in. The best part is the [uptempo playlists](#) that go in tandem with the 50-minute classes.